

A Study to Determine the Emotional and Behavioural Development among Children of Employed Mother at Selected Setting, Chennai

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ABSTRACT

Quantitative approach, descriptive exploratory design was chosen for this study. The study was conducted in selected schools of Chennai, 30 school children were selected using non probability purposive sampling technique. A rating scale and check list was used to assess the behavioral and emotional development of children of working mothers. The study findings reveals that, 3(10%) had good emotional development 26(86.6%) had moderate emotional development 1(3.3%) had poor emotional development and 5(16.6%) had good behavioural development 14(46.6%) had moderate behavioural development 11(36.6%) had poor behavioural development and there is a positive correlation between Emotional and behavioural development among children of employed mothers at 0.01 level of significance and there is a significant association between the emotional and behavioural development with children Age, Sex, Education of mother, Family income, Religion, Mothers occupation, Child hobbies and Educational system at 5% level of significance respectively.

KEYWORDS: Emotional development, Behavioural development, Employed mothers, School children etc

INTRODUCTION

The psychological disturbance In childhood is usually defined as an abnormality in at least one of these three areas-emotion, behaviour, and relationship. The emotional needs are considered as emotional food for healthy behaviour. The children are dependent on their parents, so parents are to responsible for the fulfilment of the emotional needs. The most common sign of the emotional problem ranges from phobia to school refusal, Separation anxiety, withdrawn from peer group, easily frustrated, demands must be met immediately, nightmares, cries often and easily, attention deficit, mood changing which are prevalence during childhood.

Von Ammon (2015) described that emotional problems range from anxiety, phobia to school refusal, more that are prevalence in the age group of 10-16 yrs. Every child should have tender loving care and sense of security about protection from parents and family. They should have opportunity for development of independence, trust, confidence and self-respect. There should be adequate social and

emotional interaction with discipline. The child should get scope for self-expression and recreation. Parents should be aware about achievements of their children and express acceptance of positive attitude. Behavioural problems commonly occur during childhood. Major behavioural problems are the significant deviation from socially accepted normal behaviour. Behavioural problems always require special attention. It is defined as behaviour, thought, or feelings differ quantitatively from the norm and as the result of this, differences the child is either suffering significantly or development are being significantly impaired. (David Cottrell 2020) hence this aimed to determine the emotional and behavioural development of school children among employed mothers.

STATEMENT OF THE PROBLEM:

A study to determine the emotional and behavioural development among children of employed mothers of school children at selected setting, Chennai.

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OBJECTIVES:

1. To assess the emotional and behavioural development among children of employed mothers in selected setting chennai.
2. To correlate the emotional and behavioural development among children of employed mothers
3. To associate the demographic variables with emotional and behavioural development among children of employed mothers.

Methodology

The study was conducted in Thuraipakkam at district. Research design of this study is Descriptive research design and non probability convenient sampling technique was used and sample consisted of 30 employed mothers of children. The tool consisted of demographic variables self structured rating scale and observational check list. Informed consent was obtained from the study samples.

Results & Discussion

First objective of the study was to assess the emotional and behavioural development among children of employed mother

The findings of the study reveals that, 3(10%) of them had good emotional development. 26(86.6%) of them had moderate emotional development. 1(3.3%) of them had poor emotional development and behavioural development 5(16.6%) of them had good behavioural development. 14(46.6%) of them had moderate behavioural development. 11(36.6%) of them had poor behavioural development. The study findings was supported by Dr. Amitkumar Biradar et al.,2023 conducted a study on A Study to Determine the Emotional and Behavioral Problems Among Children of Employed Mother's and study findings shows that the majority of subjects 45 (45%) had moderate level of behavioral problems 34 (34%) of them had mild behavioral problems and 21 (21%) of the subjects were having sever behavioral problems. And The Majority of subjects 49 (49%) were having moderate level of emotional problems, 29 (29%) of them were having severe level of emotional problems and 22 (22%) of subjects were having wild emotional problems.



Second objective of the study was to correlate the emotional and behavioural development among children of employed mother

There is a positive correlation between Emotional and behavioural development at 0.01 level of significance and the The study findings was supported by Shrikant Kumar et al.,2023 conducted a study on A Study to Determine the Emotional and Behavioral Problems Among Children of Employed Mother's and study findings shows that t there is a positive correlation between behavioral and emotional problems among children of employed mothers ($r = 0.817$)

Third objective Associate demographic variables with emotional and behavioural development among children of employed mothers.

There is a significant association between the emotional and behavioural development with children Age, Sex, Education of mother, Family income, Religion, Mothers occupation, Child hobbies and Educational system and the study findings was supported by Sunil Yalameli et al.,2023 conducted a study on A Study to Determine the Emotional and Behavioral Problems Among Children of Employed Mother's and study findings shows that the calculated value for emotional problem and demographic variables such as age of the children, mother's education, family income, mother's religion, occupation, working hours, type of family, number of siblings, family status, recreational facilities, child hobbies, type of school, educational system is greater than the table value.

NURSING PRACTICE

Teaching Nurses should be help the mother to promote the children's good emotional development and behavioural development.

Also Teach about how to correct poor emotional and behavioural development.

NURSING RESEARCH

Nursing educator should educate the mother about the right emotional and behavioural development of the children.

Nurse researcher explain the mother how to build good emotional and behavioural development of the children.

RECOMMENDATION:

Based on the present study in view, the following recommendation were made

* The research study can be conducted on larger samples to validate and generalize the findings.

*The research study can be conducted with experimental and control group

Ethical considerations

- Ethical committee approval was obtained
- Informed consent was obtained from study participants in language known to them after explaining the purpose of the study.
- Confidentiality was maintained

Conflict of interest: The authors have no conflict of interest to declare

Financial support and sponsorship: Nil

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Conclusion

The study was concluded that, the emotional and behavioural development of children plays a pivotal role in shaping their overall well-being. Positive environments, supportive relationships and effective communication contribute to healthy development, while early interventions and guidance can address

challenges. Understanding and fostering emotional intelligence and Resilience are key aspects in well adjusted and emotionally severe children.

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